

Safety Tips for Pedestrians



Do your part by being a safe and courteous pedestrian.

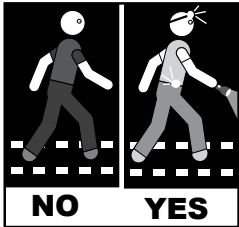


Fig. 1

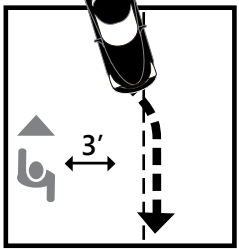


Fig. 2

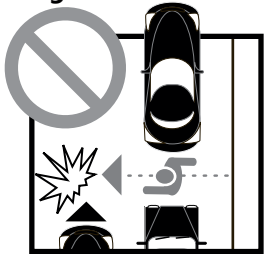


Fig. 3

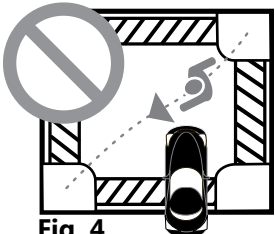


Fig. 4

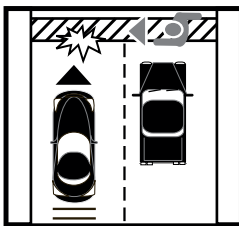


Fig. 5

Here Are Some Suggestions From **The Maine Bicycle And Pedestrian Safety Education Program**:

◇ **Be Safe And Be Seen. *Make yourself visible to drivers.***

- Wear light or bright-colored clothing and reflective materials (**Fig. 1**).
- Carry a flashlight or wear a blinker light when walking at dusk or night (**Fig. 1**).
- Stand clear of buses, hedges, snowbanks, parked cars or other obstacles before crossing so drivers can see you.

◇ **Be Smart And Alert. *Avoid dangerous behaviors.***

- Always walk on the sidewalk. If there is no sidewalk, walk facing traffic along edge of road (**Fig. 2**).
- Don't assume vehicles will stop. Make eye contact with drivers, don't just look at the vehicle. If a driver is on a cell phone, they may not be paying enough attention to drive safely (**Fig. 3**).
- Don't rely solely on pedestrian signals. Look before you cross the road.
- Be alert to engine noise or backup lights on cars when in parking lots or near on-street parking spaces.
- Avoid wearing headphones or talking on a cell phone while walking.

◇ **Be Careful At Crossings. *Look before you step.***

- Cross streets at marked crosswalks or intersections, if possible (**Fig. 4**).
- Obey traffic signals such as WALK/DON'T WALK signs.
- Don't cross traffic that has a green light (ie. don't cross against a signal).
- Look left, right, behind, and left again before crossing a street.
- Watch for turning vehicles. Make sure the driver sees you and will stop for you.
- Look across ALL lanes you are crossing and visually check each lane before proceeding. Just because one motorist stops, don't presume drivers in other lanes can see you and will stop for you (**Fig. 5**).

**When we all practice safety and are considerate of others,
it's easy to share the road!**



Safety Tips for Motorists



Do your part by being a safe and courteous motorist.

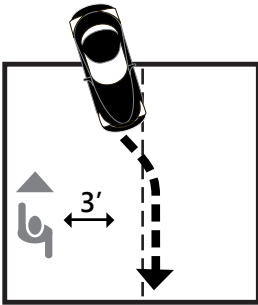


Fig. 6

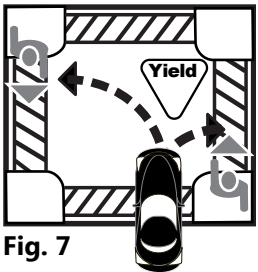


Fig. 7

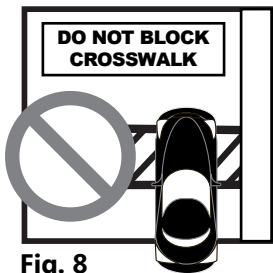


Fig. 8

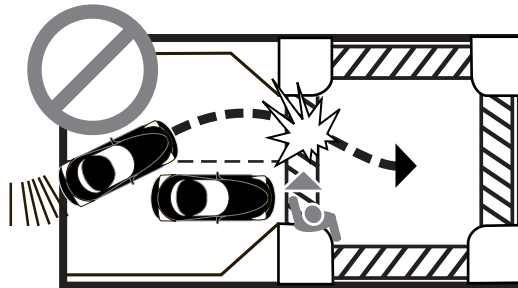


Fig. 9

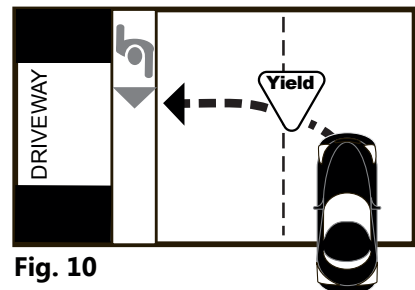


Fig. 10

Here Are Some Suggestions From **The Maine Bicycle And Pedestrian Safety Education Program**:

◇ **Be Alert. Watch for pedestrians at all times.**

- Provide a minimum of 3 feet of clearance when you pass a pedestrian or bicyclist (Fig. 6).
- Scan the road and the sides of the road for pedestrians.
- Before making a turn, look in all directions for pedestrians crossing (Fig. 7).
- Don't drive distracted or after consuming alcohol or other drugs.
- Look carefully behind your vehicle for approaching pedestrians before backing up, especially small children.
- For maximum visibility, keep your windshield clean and headlights on.

◇ **Be Responsible. Yield to Pedestrians at Crossings.**

- Yield to pedestrians at crosswalks or intersections.
- Yield to pedestrians when making right or left turns at intersections (Fig. 7).
- Do not block or park in crosswalks or sidewalks (Fig. 8).

◇ **Be Patient. Drive the speed limit, and avoid aggressive maneuvers.**

- Never pass/overtake a vehicle that is stopped for pedestrians (Fig. 9).
- Obey speed limits and come to a complete stop at STOP signs.
- Use extra caution when driving near children playing along a street or older pedestrians who may not see or hear you.
- Always be prepared to stop for pedestrians (Fig. 10).

When we all drive safely and are considerate of others, it's easy to share the road!

The Maine Bicycle And Pedestrian Safety Education Program

For additional information, go to www.bikemaine.org or contact the Bicycle Coalition of Maine at (207) 623-4511 or info@bikemaine.org

