



BIKEMAINE 2015

Day **5** Sept. **17**

60.8 miles

2,529 ft
elevation gain

start

Bethel

rest stop #1 (22.6 mi)

Chatham, NH

lunch stop (42.5 mi)

Fryeburg

finish

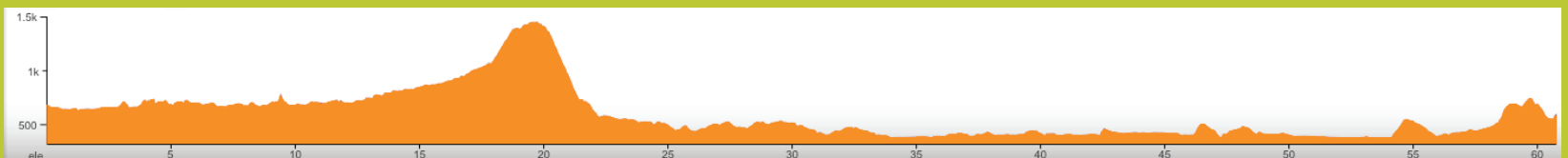
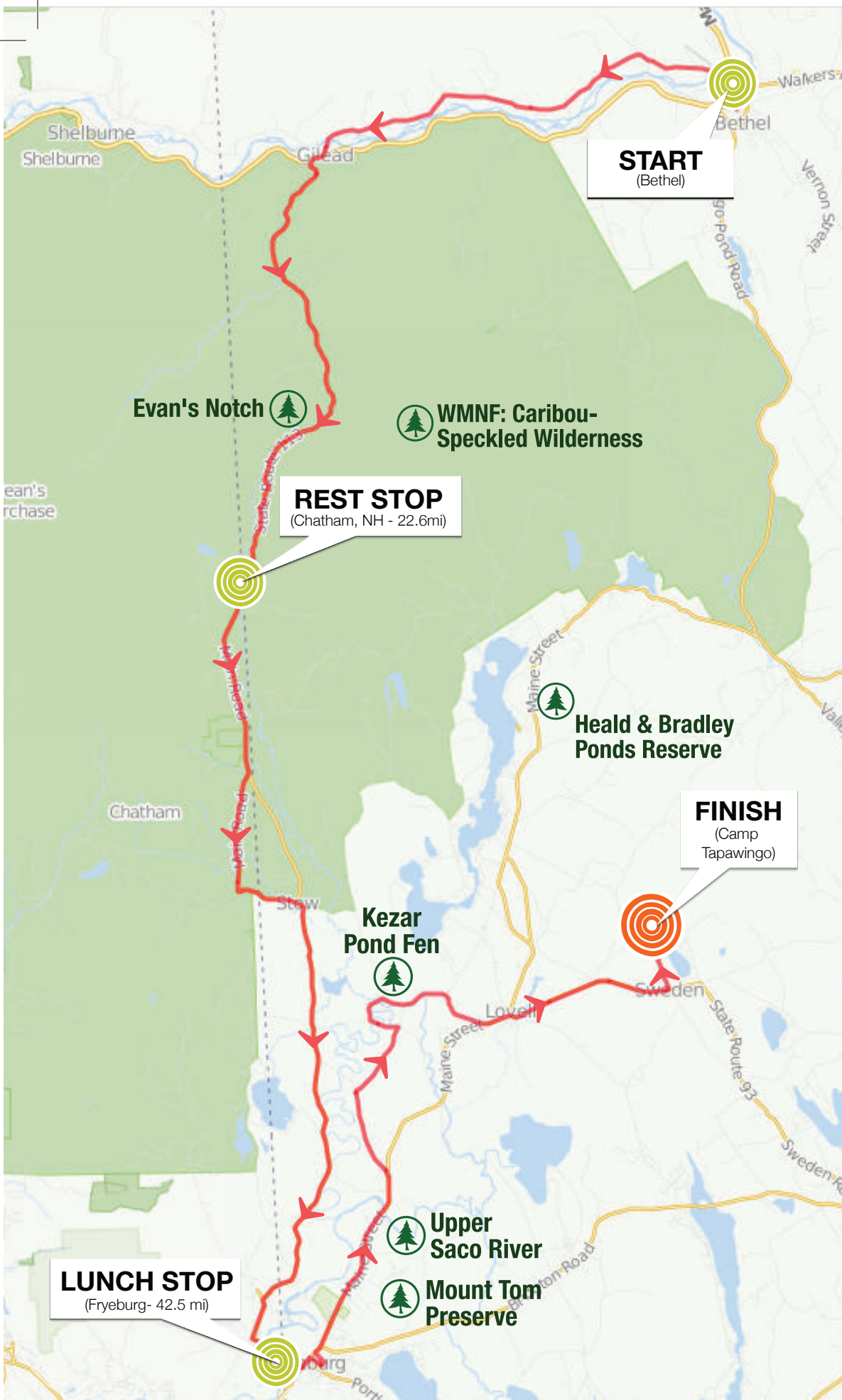
Camp Tapawingo

route marking color

GREEN

SAG Support

207-200-7845



CUE SHEET

Leg	Total	Description
0	0	Turn left onto Church Street
0.1	0.1	Turn right onto Me - 26 South
0.3	0.4	Turn left to stay on ME - 26 South
0.2	0.6	Turn left onto bike path (Parkway Road)
0.8	1.4	Turn left toward ME - 26 South / ME - 5 S / US - 2 W
0	1.4	Turn left on ME - 26 South / ME - 5 S / US - 2 W
0.1	1.5	Turn right onto North Road
1.4	2.9	Bear right to stay on North Road
7.5	10.4	Turn left onto Bridge Street and cross bridge
0.3	10.7	Turn right at stop sign onto US - 2 West
0.3	11	Turn left onto Route 113
11.6	22.6	Rest stop on left at AMC Cold River Camp
3.9	26.5	Turn right onto NH 113 B South
2.7	29.2	Turn left to stay on NH 113 B South
1.4	30.6	Continue straight onto Route 113
9.5	40.1	Turn left to stay on Route 113
0.9	41	Turn left onto Route 113 / River Street
42.5		Lunch stop at Weston's Farm
		Continue on Route 113 / River Street
0.2	42.7	Turn left onto Main Street
0.38	43.08	Turn right onto Stuart St
0.22	43.3	Turn left onto Pine St
0.1	43.4	Turn left onto Bradley St
0.3	43.7	Turn right onto ME-5 N/Main St
4.3	48	Turn left onto Stepping Stone Road
0.2	48.2	Turn left onto Fish Street
1.8	50	Turn right onto McNeil Road
1.8	51.8	Turn left onto River Road
0.6	52.4	Turn right onto Harbor Road
0.7	53.1	Harbor Road bears right and becomes McNeil Road
0.1	53.2	Continue straight onto Harbor Road
1.4	54.6	Continue straight onto Shave Hill Road
1	55.6	Turn left onto ME - 5 North
0.7	56.3	Take slight right onto ME - 93 South
3.7	60	Turn left onto Tapawingo Road
0.7	60.7	Arrive at BikeMaine Village at Camp Tapawingo

Day 5 Route Extension

4.77	0.02	Turn left onto Union Hill Rd
0.88	4.79	Turn right onto Butters Rd/New Rd/Union Hill Rd
1.51	5.67	Continue onto Foxboro Rd
2.21	7.18	Continue onto W Lovell Rd
0.79	9.39	Turn right onto Christian Hill Rd
1.68	10.18	Turn left to stay on Christian Hill Rd
0.11	11.86	Turn right onto ME-5 S
		Rejoin Day 5 route at mile 55.1, take a slight left on
	11.97	ME -93 (Instead of a right) follow remaining cues from 58.8 on to Camp

* All mileage is based off of RidewithGPS

ROUTE DESCRIPTION

We head west out of Bethel, then turn south to enter the White Mountain National Forest. A long, gradual climb on a freshly tarred road takes us to the top of Evans Notch, with its stunning views of the surrounding mountains. We then descend quickly, dipping briefly into New Hampshire and having a rest stop at the Appalachian Mountain Club's Cold River Camp, before crossing the Saco River and back into Maine at Stow. After lunch, you can visit with budding bicyclists at the C.A. Snow Elementary School (leave them a postcard from your home town) and check out the art museum at Fryeburg Academy. The route continues northeast through Lovell and into Sweden and Camp Tapawingo.

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L.L.Bean

TNC SITES OF INTEREST



White Mountain National Forest: The Weeks Act

This year marks the 104th anniversary of the Weeks Act. It is said that the Weeks Act represents the beginning of forest conservation in the American East. In the early 1900s, the eastern mountains were being heavily logged and forest fires had led to high human casualties. Concerned by forest fires, unregulated logging, and tourism loss, people began to rally around the concept of forest conservation. After years of lobbying and public pressure, the U.S. Congress passed the Weeks Act in 1911. It permitted the federal government to purchase private land to protect rivers and watersheds and called for fire protection efforts. With the assistance of the Act and local governments, the White Mountain National Forest was established in 1918 and the forest slowly began to recover. Today, the reforested mountains and hillsides supply forest products and provide magnificent recreational opportunities to the public.

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