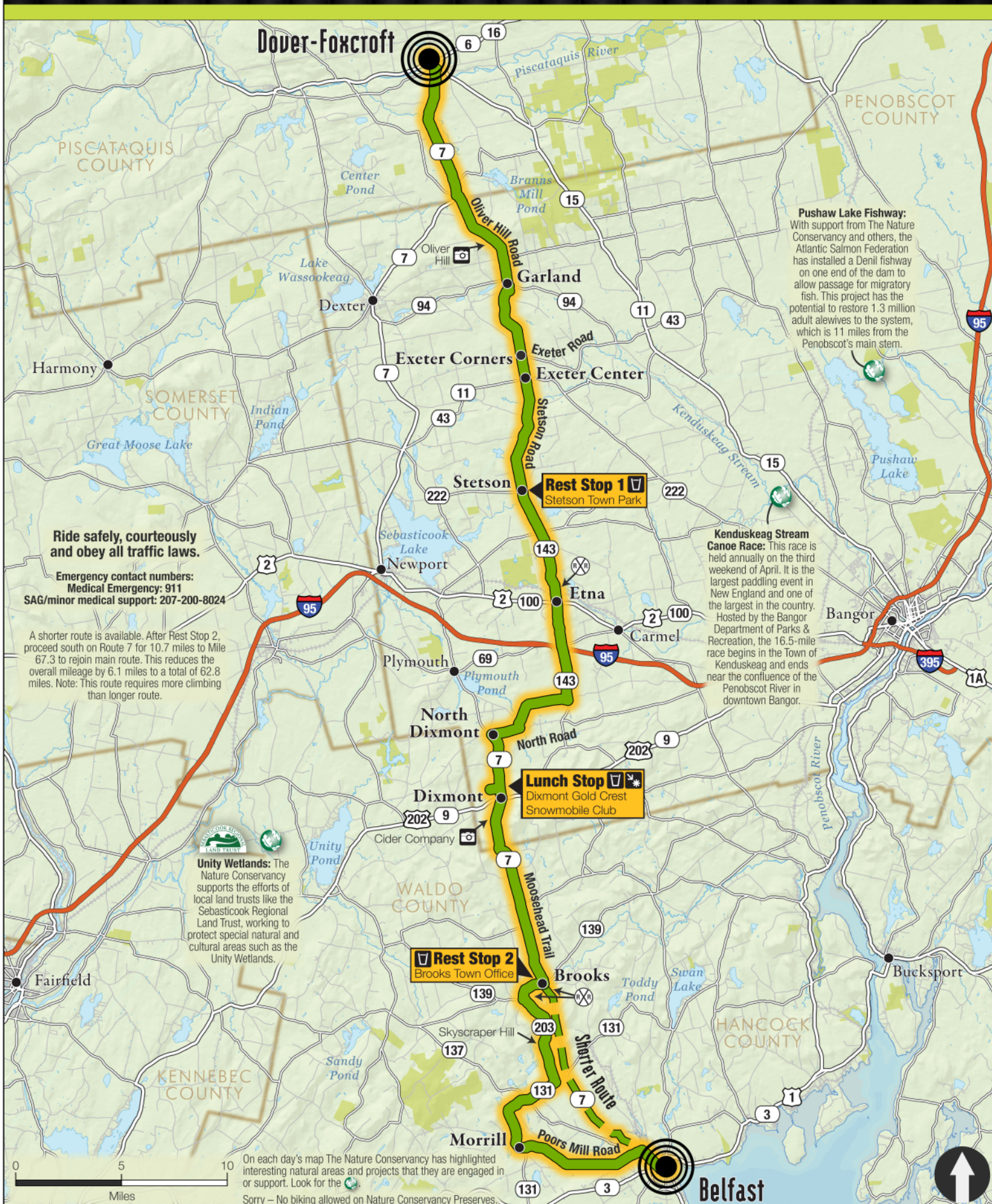


Day 2: Dover-Foxcroft to Belfast

68.9 Miles
4,725' Elevation Gain



From Mountain to Sea ... Eventually

Monday
September 9, 2013

Quick Facts

- Dover-Foxcroft to Belfast
- 68.9 mi (a modified route of 63.7 mi is available)
- Small hills, punctuated by a few attention-grabbers
- 4,725 ft elevation gain

Stores Along Route by Mileage:

- 12.3: Garland Village Store
- 16.4: Exeter Corners Store
- 23.3: Stetson Store
- 29.2: Etna Village Variety
- 41.3: Dixmont Corner Store
- 60.8: Morrill General, Inc.

Ride Description

On to the Coast! Our route today takes us through rolling hills, farm country, and back-country Maine, until we reach Belfast on the coast of Penobscot Bay. We start south through the heart of interior central Maine, past acres of fields, farms, and horse pastures. Mostly small hills characterize today's route, with periodic interruption by several significant climbs—and descents. We'll ride through rural communities like Garland, Stetson, and North Dixmont on our way to Belfast. Lunch is in tiny Dixmont, and we'll camp for the night alongside Penobscot Bay.

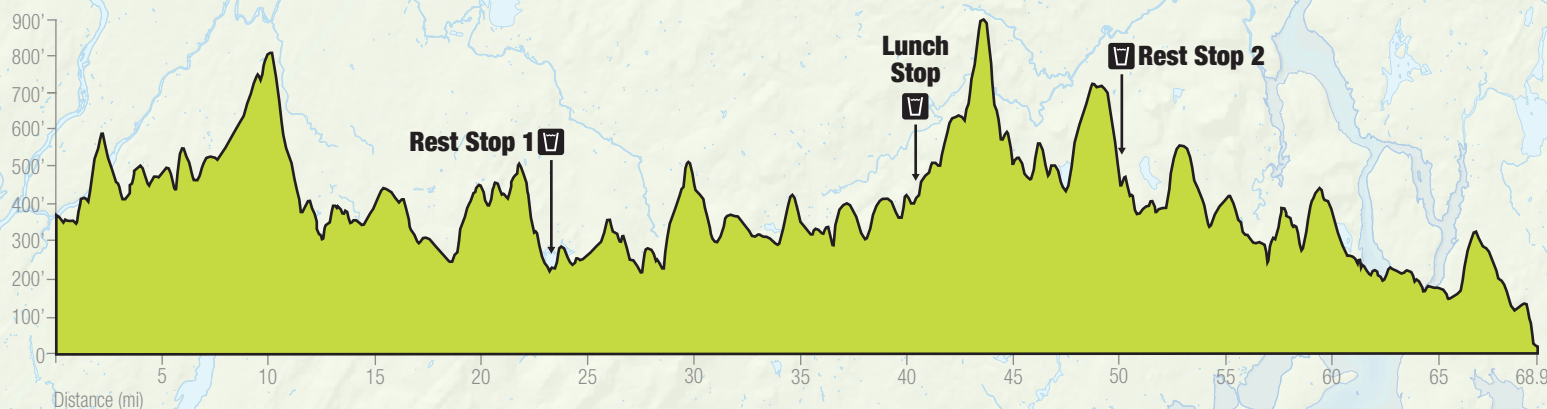


Unity Wetlands and the Work of Land Trusts

Unity Wetlands is one of the largest remaining unfragmented areas of natural land in central Maine as well as one of Maine's most productive dairy farm areas. It offers a promising opportunity not only for conservation of freshwater and wetland fish and dragonflies and diverse wetland habitats, but also for maintaining wide-ranging upland species, from black bear to bobcat, that are becoming increasingly uncommon in more developed landscapes to the south. Throughout the six days biking you will pass areas protected by land trusts like the Sebasticook Regional Land Trust. Land trusts work with landowners to help them voluntarily protect their land for the public and future generations as both wild and working lands.

***Mileage is computed using GPS and may vary from your odometer. Verify turns by checking route markings, street names and odometer.*

Leave Piscataquis Regional YMCA; proceed east on Park St.	0
Bear right onto Mechanic St.	0.2
Turn right on Winter St.	0.5
Turn left onto W. Main St., ME 6/15/16	0.6
Bear right at traffic signal onto West Main St., ME 15	0.9
Turn right at traffic signal onto South St., ME 7	1.0
Turn left on Oliver Hill Rd.	7.4
Joins ME 94 (Garland Village)	12.3
Turn right onto unnamed road	12.6
Bear right, staying on paved road (no sign)	12.9
Bear left, staying on paved road (no sign)	13.0
Join ME 11/43, pavement poor (Exeter Corners)	16.1
Stay straight onto Stetson Rd.; ME 11/43 turns right	17.3
Continue straight but join ME 143, Lakins Rd. (Stetson Village)	23.0
Rest Stop 1, Helen Stewart Memorial Park	23.1
Turn right onto Old County Rd., becomes Allen Bridge Rd.	33.1
Bear left onto Allen Bridge Rd. at intersection with Loud Rd.	36.0
Turn right onto North Rd.	36.3
Turn left onto ME 7, Moosehead Trail (N. Dixmont Village)	37.6
Turn right onto Cates Rd.	40.3
Lunch Stop, Dixmont Gold Crest Snowmobile Club	40.4
Reverse route on Cates Rd. to ME 7; turn right	41.0
Junction with US 202, ME 9; stay straight (Dixmont Village)	41.3
Rest Stop 2, Brooks Town Office on right	50.3
Turn right on ME 139	50.3
(Short route continues straight on ME 7)	50.3
Turn left on ME 203, Lang Hill Hwy.	51.8
Turn right on ME 131	56.4
Turn left onto Poors Mill Rd., then becomes Marsh Rd.	60.7
Turn right onto ME 7/137 (Short route rejoins)	67.3
Turn left onto Primrose St. then right onto High St. (no sign)	68.5
Turn left onto Main St. at traffic signal	68.7
Turn right on Front St., proceed to Belfast Boathouse, end Day 2	68.9



L.L.Bean

