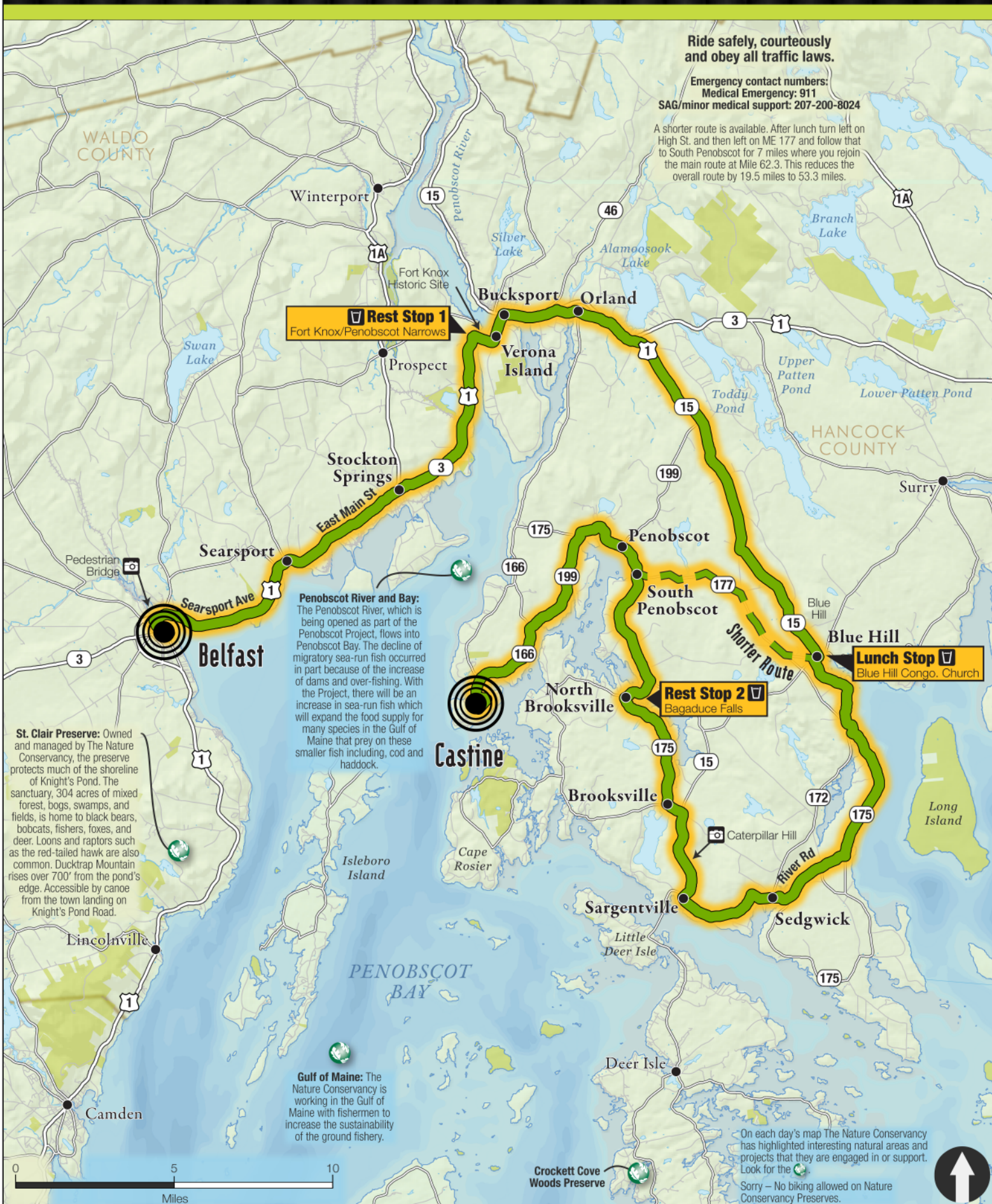


Day 3: Belfast to Castine

72.8 Miles
5,197' Elevation Gain



Penobscot Bay Pedal into History

Tuesday
September 10, 2013

Quick Facts

- Belfast to Castine
- 72.8 mi (a modified route of 53 mi is available)
- The most challenging ride of the week
- 5,197 ft elevation gain

- 7.1: Irving Circle K
- 10.3: Main Street Market
- 11.0: Perry's Store
- 18.0: JD's Island Market
- 18.5: Irving Circle K
- 20.5: Orland Market
- 22.4: Big Apple
- 36.0: Blue Hill
- 50.8: Eggemoggin Cntry Store
- 59.2: C&G Grocery
- 63.0: Northern Bay Market

Stores Along Route by Mileage:

- 1.2: Big Apple
- 6.1: Tozier's Family Market
- 7.0: Sunoco/Dunkin' Donuts

Ride Description

By the numbers, this is the most challenging day of the week, with spectacular scenery to balance and boost spirits. We spend the first 23 mi on US 1's wide shoulders with little morning traffic. First stop is historic Fort Knox on the Penobscot River and the Penobscot Narrows Bridge and Observatory (tallest bridge observatory in the world at 420 ft). We leave US 1 to explore one of Maine's best-kept secrets—the Blue Hill Peninsula. Lunch is in Blue Hill, where you can check out "The Window of the Sea Wind," a Schoodic International Sculpture Symposium piece by Hitoshi Tanaka, located next to the town boat landing. The views along Parker Point Rd (Blue Hill Falls) and from the top of Caterpillar Hill will take your breath away. As you arrive in Castine, be ready for a memorable welcome. Camp tonight is within the boundaries of historic Fort George.



The Gulf of Maine

The Gulf of Maine is one of the most biologically productive marine ecosystems on the planet. The Conservancy is working to restore critical habitats and rebuild depleted fish populations. We are working directly with fishermen to research more sustainable fishing practices and are sharing the results with fishermen, scientists, and various governmental agencies responsible for managing the Gulf's fisheries.

Afternoon Speaker, Emerson Hall: John Sowles, recently retired Director of Ecology at the ME Department of Marine Resources.

***Mileage is computed using GPS and may vary from your odometer. Verify turns by checking route markings, street names and odometer.*

Leave Belfast Boathouse, going north on Front St. to Water St.	0
Turn right onto Belfast Pedestrian Bridge (walk bikes)	0.7
Resume bicycling on other side of bridge, Footbridge Rd.	0.9
Turn right onto US 1, Searsport Ave.	1.1
Turn right onto W. Main St. (Stockton Springs)	9.8
Turn right rejoining US 1	10.8
Turn left onto ME 174/Fort Knox Historic Site	16.6
Rest Stop 1, Fort Knox/Penobscot Narrows Bridge	16.9
Turn left onto US 1, ME 3, crossing Penobscot Narrows Bridge	17.2
After bridge into Bucksport, turn right onto US 1, ME 3/15	18.8
Turn right onto ME 175 (Orland Village)	20.5
Bear left onto Gray Meadows Rd. (ME 175 bears right)	21.0
Turn right onto US 1, ME 3/15	22.2
Turn right onto ME 15, Front Ridge Rd.	22.9
Turn right onto ME 172/15, Main St. (downtown Blue Hill)	35.5
Continue straight on ME 15/172/176 becomes Tenney Hill	35.6
Lunch Stop, Blue Hill Congregational Church on left	35.8
Turn left on ME 15/176/172; turn right onto Parker Point Rd.	35.9
(Short route turns left on High St., then left on ME 177)	35.9
Turn left onto ME 175 (Blue Hill Falls in 1/2 mile)	38.9
Turn right onto Hales Woods Rd.	43.4
Continue straight, becomes River Rd.	45.8
Turn right on ME 175, Reach Rd. (Sedgwick Village)	46.6
Bear right on ME 175, join ME 15, Caterpillar Rd. (Sargentville)	49.7
Turn left with ME 175, Coastal Rd (ME 15 continues straight)	52.7
Bear right with ME 175; ME 176 stays straight (Walkers Corner)	53.3
Turn right with ME 175; join ME 176 (N. Brooksville)	57.4
Rest Stop 2, Bagaduce Lunch on left	57.9
Turn left with ME 175, Graytown Rd. (ME 176 turns right)	58.5
Continue on ME 175, S. Penobscot (Short route rejoins)	62.3
Continue on ME 175, Bayview Rd., ME 199 joins (Penobscot)	63.4
Continue straight on ME 199, Dunbar Rd. (ME 175 bears right)	65.4
Turn left on ME 166, Castine Rd.	68.9
Enter Castine, bear right at golf course (Battle Ave., no sign)	72.4
Downtown Castine, Fort George, end Day 3	72.8

